

Best Face Anti-aging Cosmetic Surgical Treatments

Aging is an undeniable fact but reversing or delaying it is a possibility with modern cosmetic procedures. Anti-aging refers to the medically proven non-invasive and surgical procedures and techniques specifically designed to reduce the signs of aging like fine lines and wrinkles, dry skin, loss of fat volume or bone structure, sun damage, and sagging skin. They help make the skin look more youthful, flawless, and radiant.



Depending on the severity of aging and the levels of changes in the skin appearance that a person would like to see, anti-aging treatment modalities can range from over-the-counter anti-aging products to Fillers or Botox and most invasive procedures like facelifts. Each option is associated with some risks or complications, so it's recommended that every patient consult their anti-aging or skincare specialists before undergoing any procedure. However, people who undergo surgical anti-aging treatment can get a long-lasting youthful appearance which boosts their self-esteem and confidence. The best anti-aging cosmetic surgery is performed by [Best Cosmetic Surgeon in India](#), Dr Akangsha Sharma at AK Aesthetics, that help one to reverse aging and achieve a youthful look.

Most Popularly Performed Anti-Aging Surgical Procedures at AK Aesthetics:

Blepharoplasty

Blepharoplasty, commonly called eyelid surgery, is the operation of upper or/and lower eyelids to make the eyes look more alert and younger. It is considered by people having droopy upper eyelids, excess or sagging skin of upper eyelids affecting their peripheral vision, excess skin of lower eyelids, and under-eye bags. When performing both upper and lower blepharoplasty, first the surgeon cuts along the upper eyelid, remove some muscles, excess skin, and fat, and then closes the incision.

Next, the cut is made inside the lower eyelid or below the eyelashes in the natural crease of the eyes. The surgeon removes or redistributes excess fat, tightens the muscles, and treats sagging skin followed by the closing of the incision.

Facelift

Facelift, medically known as Rhytidectomy, is a surgical procedure to remove surplus facial fat deposits, trim or redrape the facial skin, and tighten the facial muscles. It provides a more dramatic, long-term firmer, and smoother facial appearance. The surgery is performed under general anesthesia or sedation to ensure patient comfort.

The suitable candidates for a facelift are people who have begun to experience moderate to significant sagging of their facial skin, but their skin still possesses some elasticity. The surgery is even best for those who have well-defined strong facial bone structures.

Facelifts can be of different kinds depending upon the targeted areas of the face and neck. Traditional facelift surgery involves incisions starting from the hairline at the temples and extending around the ears and ends below the chin. The skin is separated by the surgeon from the underlying tissues and the muscles are tightened. Next, fat is sculpted or redistributed from the face, jowls, or neck. Lastly, the skin is re-draped over the uplifted facial contours in a natural way and excess skin is excised. Once this is over, the incisions are closed with sutures or skin glue.

A mini-facelift is done to uplift the lower face and neck areas and a mid-facelift treats drooping cheeks by repositioning the fat and tightening the skin in the cheeks area. One can know more about face lift benefits by consulting the [Best Plastic Surgeon in Jaipur](#), Dr Akangsha Sharma at AK Aesthetics.

Neck Lift

A neck lift, medically termed lower Rhytidectomy, is a surgery to improve the noticeable signs of aging in the neck and jawline. It can treat loose neck skin, jowls, double chin, and neck muscle banding that creates abnormal contours. After this operation, people can have a neck matching the upper facial appearance.

A traditional neck lift involves an incision often starting in the hairline at the level of sideburn, continuing down and around the ear, and extending into the posterior hair. Excess fat from the jowls or neck areas is either removed or redistributed. The tissues beneath the neck skin are repositioned and the platysma muscle is tightened. Next, the neck skin is re-draped over the uplifted contours of the neck, and surplus skin is excised or trimmed. Another incision is often required to carry out liposuction for fat removal and repair of the muscles under the double chin. Lastly, the cuts are closed with stitches or skin adhesives.

A limited neck lift involves shorter incisions that are made only around the ears.

To get the benefits of *anti-aging cosmetic surgery in Jaipur*, pay a visit today at AK Aesthetics.